AGELESS
CARE SOLUTIONS
Elevating Senior Life & Senior Living

Boutique Companion Concierge Care & Premium Senior Living Placement Advisory
Fort Myers, Florida
Phone: (239) 579-3377 | Email: latoya@agelesscares.com | Web: agelesscares.com
Fax: (407) 602-0935
Florida AHCA Homemaker/Companion Registration No. 239019

# HOSPITAL-TO-HOME TRANSITION CHECKLIST

*Boutique Companion Concierge Services & Home Settling Logistics*

A hospital discharge often occurs quickly. Proactive preparation ensures your loved one's return to their private estate or luxury community is seamless, dignified, and clear of administrative delays. Use this interactive checklist to guide the transition.

| | | | |
|---|---|---|---|
| **Client Name:** | _____ | **Discharge Date :** | _____ |
| **Facility Name:** | _____ | **Discharge Time :** | _____ |

## 1. CLINICAL DISCHARGE COORDINATION (ASK THE CASE MANAGER)

- [ ] **Review Written Instructions:** Secure a final, written copy of the hospital's discharge instructions and verify the specific family members or fiduciaries listed as key contacts.
- [ ] **Medication Reconciliation:** Request an updated prescription log. Explicitly confirm which medications are completely new, which have adjusted dosages, and which previous bottles must be discarded.
- [ ] **Secure Follow-Up Appointments:** Identify required medical follow-ups, documenting whether dates have already been secured or if your team must call to schedule.
- [ ] **Identify Warning Signs:** Ask the practitioner for a clear list of clinical warning signs to monitor, along with the precise telephone numbers to call day or night if symptoms shift.
- [ ] **Durable Medical Equipment (DME):** Confirm if specialized medical gear (walkers, shower chairs, or assistive fram ordered, who the vendor is, and its exact arrival window at the estate.

## 2. PREPARING THE RESIDENCE & ENVIRONMENT

- [ ] **Clear Major Walkways:** Remove loose area rugs, trailing decorative cords, or narrow accent pieces along main pathways to completely eliminate trip hazards.
- [ ] **Optimize Pathway Visibility:** Position subtle, ambient night-lights along the direct corridor spanning the bedroom suite to the bathroom.
- [ ] **Curate Immediate Reach:** Place essential personal items—communication devices, reading glasses, fresh water, and remotes—within comfortable arm's length of their primary seating.
- [ ] **Provision the Kitchen:** Coordinate grocery provisioning to source preferred organic products, easily digested meals, and specific therapeutic foods mandated by new dietary plans.

AGELESS
CARE SOLUTIONS
Elevating Senior Life & Senior Living

Boutique Companion Concierge Care & Premium Senior Living Placement Advisory
Fort Myers, Florida
Phone: (239) 579-3377 | Email: latoya@agelesscares.com | Web: agelesscares.com
Fax: (407) 602-0935
Florida AHCA Homemaker/Companion Registration No. 239019

## 3. NAVIGATING THE EARLY RECOVERY PHASE

- [ ] **Establish a Care Journal:** Maintain a structured notebook to record baseline metrics like appetite, sleep structure, and comfort, formatting clear notes for subsequent physician updates.
- [ ] **Secure Overnight Monitoring:** Arrange for a consistent, protective presence during the initial nights home to assist with nighttime mobility and prevent early disorientation.
- [ ] **Delegate Family Schedules:** Chart out exactly who handles transport logistics, medication reminders, and household oversight to establish an unhurried, organized circle of care.

### COORDINATOR NOTES & PLAN OF CARE ADDITIONS

**Ageless Care Solutions LLC** | CorporateBase: FortMyers, FL
Companion Concierge Line: **239-579-3377** | Advisory & Placement Line:**239-483-1890** | info@agelesscares.com

Operational Notice & Compliance: Ageless Care Solutions LLC provides strictly non-medical, private-duty companion, concierge, and homemaker services under AHCA Registration No. 239019. We do not administer clinical care, physical patient transfers, or medical treatments. Any hands-on nursing or clinical needs must run separately via a licensed home health provider